

Henry From

Pianist and Composer

henryfrompianist@gmail.com, 1317 23rd St. Bellingham, WA, 98225, USA

Music Education

Glenn Gould School, Toronto, Ontario, Canada 2022-present

Principal Teachers	Conductors	Chamber Music Coaches
John O'Connor (piano, 2022-present)		

Vancouver Academy of Music, Vancouver, Canada 2009-2022

Young Artist Collegiate Program 2018 - 2022

Preparatory division. 2009 - 2017

Principal Teachers	Conductors	Chamber Music Coaches
Amanda Chan (piano, 2016-2022) Edward Top (composition, 2015-2022) Donna Lee Leung (piano, 2009-2016) Sandra Payton (violin, 2008-2020) Kathleen Allan (voice, 2011-2018)	Leslie Dala George Myers Ian Parker Kathleen Allan Lee Mills	Andrew Dawes Joseph Elworthy Jonathan Lo Zoltan Rozsnyai Rebecca Wenham Nicholas Wright

Royal Conservatory of Music Examinations, Toronto, Canada, 2011-2017

Associate of the Royal Conservatory Diploma, first class Honours with Distinction (2017)

Yearly exams in music theory, history, and piano performance 2011-2017

Piano Performance Competition Highlights

Performances that featured my compositions are highlighted in yellow.

Selected performance competitions

Competition/Awarding Organization	Date	Award
Phyllis Salter Piano Competition/Vancouver Academy of Music	2022	Co-winner
Tabor Piano Award, Verbier Festival Academy, Switzerland	2021	Co-winner
Bellingham Symphony Orchestra Concerto Competition	2021	1st prize
Bellingham Music Club High School Competition	2021	1st prize
Phyllis Salter Piano Competition/Vancouver Academy of Music	2021	1st prize

Young Artist Auditions/ Seattle Symphony Orchestra	2021	Selected to perform with the Orchestra, Spring 2022
Montreal Symphony Orchestra Manulife Competition/Ravel Piano Concerto in G Major	2018	1st prize in Piano, Category B
Morningside Music Bridge Concerto Competition/Khachaturian Piano Concerto in D Flat Major	2019	Finalist
Friends of Chamber Music, Vancouver BC	2019	1st prize Junior Division
KING FM Young Artist Award	2017 2018 2019	Finalist Finalist Finalist
Kay Meek Scholarship Competition	2018	1st prize
Elsje de Ridder Armstrong Chamber music competition, Vancouver BC	2018	1st prize
Vancouver Academy of Music Edith Lando Competition	2018	Eugenie and Edward Yeung Scholarship
Morningside Music Bridge Concerto Competition/Ravel Piano Concerto in G Major	2017	3rd prize
Friends of Chamber Music, Vancouver BC	2017	2nd prize Junior Division
Vancouver Academy of Music Edith Lando Competition	2017	Eugenie and Edward Yeung Scholarship

Selected Piano Concerti Performances with Orchestra

Concerto	Orchestra	Location
Brahms Piano Concerto no. 1	Seattle Symphony Orchestra	Benaroya Hall, Seattle, WA May 17, 2022
Beethoven Choral Fantasy	Whatcom Chorale, Orchestra, and vocal soloists	Mount Baker Theatre, Bellingham, WA May 15, 2022
Ravel Piano Concerto in G Major	Vancouver Academy Symphony Orchestra	The Orpheum Theatre, Vancouver, BC February 10, 2019
Beethoven Piano Concerto No. 3	Vancouver Academy Symphony Orchestra	The Orpheum Theatre, Vancouver, BC October 16, 2016
Mozart Piano Concerto No. 12	Ithaca Talent Education Orchestra	Biennial Conference of the SAA, Minneapolis, MN, May 28, 2016

Selected solo piano concert programs of more than 60 minutes

Venue or Event	City	Date
Vancouver Academy of Music, Solo Concert	Vancouver, BC, Canada	July 17, 2022
Livestream Solo Piano Concert	Bellingham, WA	November 21, 2021
The Willows	Bellingham, WA	March 28, 2021
Livestream Solo Piano Concert	Bellingham, WA	December 20, 2020
Livestream Solo Piano Concert	Bellingham, WA	June 14, 2020
Vancouver Academy of Music, Solo Concert	Vancouver, BC, Canada	December 10, 2019
The Willows	Bellingham, WA	October 27, 2019
Vancouver Women's Musical Society Concert	Vancouver, BC, Canada	October 16, 2019
Clayoquot Community Theatre, Benefit Concert	Tofino, BC, Canada	August 25, 2019
Prince Charles Auditorium, Benefit Concert	Creston, BC, Canada	August 18, 2019
St. Mark's Lutheran Church, Benefit Concert	Winnipeg, MB, Canada	August 8, 2019
Vancouver Academy of Music, Solo concert	Vancouver, BC, Canada	March 31, 2019

The Willows	Bellingham, WA, USA	April 28, 2019
St. Paul's Children's Choir Benefit Concert	Bellingham, WA, USA	October 2018
Vancouver Academy of Music, Solo Concert	Vancouver, BC, Canada	September 22, 2018
Bellingham Music Club Nightbeat Series Concert, Season opener	Bellingham, WA, USA	September, 2017
Bellingham Music Club, Music in the Morning Series Concert	Bellingham, WA, USA	September, 2017
Piper Music Concert Series	Bellingham, WA, USA	May, 2017
Koerner Hall Benefit Concert	Vancouver, BC, Canada	April, 2017
Firehouse Concert Series	Bellingham, WA, USA	July, 2016
Firehouse Christmas Concert	Bellingham, WA	December, 2015

Selected Radio Broadcasts

Radio Station	Location	Show/Host	Date
KING FM (98.1)	Seattle, WA, USA	Northwest Focus Live/ Sean MacLean	August 13, 2021
NPR (National Public Radio)	Nationwide broadcast USA	From the Top / Show 375, Paul Katz	July 31, 2019
KING FM (98.1)	Seattle, WA, USA	Northwest Focus Live/ Sean MacLean	May 24, 2019
CBC Radio (88.1)	Vancouver, BC, Canada	North by Northwest/ Sheryl MacKay	February 8, 2019

Recordings

Recordings of my piano playing are included on the following compact discs produced by the Calgary Philharmonic Orchestra's Morningside Music Bridge program:

CD title	Composer	Work
2017 Highlight Collection	Alban Berg Franz Josef Haydn	Sonata Op. 1 Piano Trio in C Major Hob. XV:27
2018 Highlight Collection	Johannes Brahms	Klavierstücke, Op. 119 Intermezzo in B Minor
2019 Highlight Collection	Henry From	Chorale and Variations, Op. 49

Recital Contributions

I participated in more than 100 recitals during the period 2015-2019. These included private teacher recitals, performances in senior centers, chamber music performances, summer institute recitals, music school open houses and benefit concerts. Details can be provided on request. A few selected recital contributions are listed below:

Recital name	Location	Ensemble/Repertoire	Date
Verbier Festival Academy, Showcase I	Verbier, Switzerland	Solo piano	July 31, 2021
OnLive!	Virtual, Art of the Piano (Cincinnati)	Solo piano	July 10, 2020

Seattle Chamber Music Society Winter Festival (Director: James Ehnes)	Illesley Ball Nordstrom Recital Hall at Benroyal Hall Seattle, WA, USA	Solo piano Beethoven Sonatas Op. 78 and 81a	January 17-19, 2020
Highlights concert	Jordan Hall, New England Conservatory, Boston, MA	Piano Quartet/ Fauré Piano Quartet No. 2 in G minor, Op. 45	August 2, 2019
Rockport Chamber Music Festival (Director: Barry Shiffmann)	Shalin Liu Performance Center Rockport, MA, USA	Trio Savyon/ Beethoven Ghost Piano Trio, Henry From Piano trio Op. 38	July 10, 2019
Calgary Philharmonic Benefit Concert	House concert, Calgary, AB, Canada	Solo piano and Trio Savyon/Elgar Cello Concerto(Adagio), Brahms Op. 119, Saint Seans Introduction and Rondo Capriccioso in A minor, Piano Trio Op 38 by Henry From, Beethoven Piano Trio "Ghost"	November 24, 2018
MMB outreach concert	Wilnow Palace, Warsaw, Poland	Trio Savyon/Beethoven Piano Trio "Ghost"	July 20, 2017
Morningside Music Bridge Promotional Tour	Tel Aviv, Jerusalem, Nazareth, and Ashdod Israel	Trio Savyon/Haydn Piano Trio in C Major Hob. XV:27	November 2017

Selected Residencies/Workshops Attended on Scholarship

Workshop/location	Scholarship	Dates	Principal teachers
Verbier Festival Academy/Verbier, Switzerland (in-person)	Full Tuition	July 11-August 3, 2021	Andras Schiff, Klaus Hellwig, Joaquin Achucarro, Jean-Afflam Bavouzet
Orford Musique/ online	Tuition	Summer 2021	Anton Nel, Jean Saulnier, Evelyne Brancart
Orford Musique/ online	Tuition	Summer 2020	Jimmy Briere, Sara Davis Buechner
Winnipeg New Music Festival Composer's Institute/ Winnipeg, Canada	Full scholarship including tuition, travel, accommodation	January 24-31, 2020	Sarah Kirkland-Snider, Jared Miller, Harry Stafylakis, Neil Weisense
Morningside Music Bridge/ New England Conservatory of Music, Boston, MA	Full scholarship including tuition, travel, room & board	July 6-Aug 4, 2019	Krzysztof Jablonski, Andre Laplante, John Perry, Katherine Chi, HaeSun Paik, Roman Rabinovich, Meng-Chieh Liu, Jay Sun
Orford Musique/Orford, Quebec, Canada	tuition	June 9-23, 2019	André Laplante
MMB Chamber Music Residency and Concert/ Calgary, Canada	Full scholarship including tuition, travel, room & board	November 18-25, 2018	Wang Xiaohan
Morningside Music Bridge/ Frederic Chopin Music University, Warsaw, Poland	Full scholarship including tuition, travel, room & board	July 3-August 4, 2018	Krzysztof Jablonski, Kum Sing Lee, Meng-Chieh Liu, David Moroz, Piotr Paleczny, Jay Sun, Wang Xiaohan, Stéphane Lemelin
Orford Musique/Orford, Quebec, Canada	tuition	June 2-17, 2018	André Laplante Yoheved Kaplinsky
MMB Chamber Music Residency and Concert Tour/ Israel	Full scholarship including tuition, travel, room & board	November 2017	Wang Xiaohan
Morningside Music Bridge/ New England Conservatory of Music, Boston, MA	Full scholarship including tuition, room & board	July 6- Aug 4, 2017	John Perry, Krzysztof Jablonski, Kum Sing Lee, Meng-Chieh Liu, David Moroz, Jay Sun, Wang Xiaohan, Chen Sa
Orford Musique/ Orford, Quebec, Canada	Tuition	June 18-25 Aug 6-13, 2017	André Laplante Jean Francois Latour

Chamber Music and Orchestra Experience

Ensemble	Instrument played	Conductor/ coach	dates
Piano Trio	piano	Jonathan Lo	Fall 2021-present
Piano Trio	piano	Rebecca Wenham	Fall 2019 - 2020
Vancouver Academy Symphony Orchestra	violin	Ian Parker	2018-2020
Trio Savyon (piano, violin, cello)	piano	Susanne Ruberg-Gordon, Wang Xiaohan	2017-present
Vancouver Academy Symphony Orchestra	violin	Leslie Dala	2016-2018
Piano Trio	piano	Joseph Elworthy	2016- spring 2019

String Quartet/Piano Quartet	violin/piano	Andrew Dawes	2015-2016
Piano Trio	piano	Andrew Dawes	2014-2015
Piano Trio	piano	Zolton Rozsnyai	2013-2014
Piano Trio	piano	Nicholas Wright	2012-2013

Selected Composition Awards and Performances

Title	Comp. Date	Award	Musicians/Performance
<i>Two Songs: Autumn (for piano and tenor) l'Enfance (for piano and soprano)</i>	2022	Selected for the Vancouver Academy of Music Song Composition Project Showcase Concert	Srinath Covilakam (Tenor) Erin Sutton (Soprano) and Henry From (Piano) Koerner Recital Hall, Vancouver, March 10, 2022
<i>Improvisation (for solo French Horn)</i>	2022	Selected for the Sonic Boom New Music Festival 2022	Valerie Whitney (Vancouver Symphony Orchestra) Virtual Session via Zoom March 13, 2022
<i>The Sky Was (for SATB a capella choir)</i>	2021	Selected for the Vancouver Chamber Choir's <i>Interplay Composer Workshop</i>	Vancouver Chamber Choir (director Kari Turunen) / Orpheum ANNEX, Vancouver, BC April 5, 2022
<i>Piano Sonata no. 4, after Scriabin</i>	2021		Played in YACP composition class presentation, Feb 2021
<i>Theme and Variations for Piano and Erhu</i>	2021	Selected for inclusion in Elliot Weisgarber Workshop and Recording session, Piano Erhu Project	Corey Hamm, Nicole Le/recording posted on Canadian Music Centre website October 29, 2021
<i>Leaves (for solo English Horn)</i>	2021	Selected for the Sonic Boom New Music Festival 2021	Beth Orson (Vancouver Symphony Orchestra), premiered online, March 27, 2021
<i>Carol without Words (solo piano)</i>	2020		
<i>Dances at the End of Time (for Baroque Orchestra)</i>	2020	Selected for inclusion in New Music for Old Instruments program by Early Music Vancouver	Pacific Baroque Orchestra, premiered online, March 24, 2021
<i>When All Falls Silent (for vocal ensemble 2 Countertenor Tenor Baritone Baritone Bass)</i>	2020		
<i>Ephemeral (for solo piano)</i>	2020	Selected for presentation at the Verbier Festival	Henry From, Verbier Music Festival, Switzerland July 31, 2021
<i>Wind Quintet No. 1 Op. 67 (for flute, oboe, clarinet, bassoon, and French horn)</i>	2021	Merriman Family Young Composer's Workshop 2021-2022 Frost School of Music (Miami) Ibis Ensemble Young Composer Competition, 3rd prize High School division	Members of Seattle Symphony Orchestra, June 7, 2021, Benaroya Hall, Seattle, WA
<i>Chorale and Variations (for solo piano)</i>	2020	SOCAN 2021 Young Composer Award: Solo/Duet	Henry From

<i>Petawawa Gorges</i> (for full orchestra)	2020	SOCAN 2021 Young Composer Award: Large Ensemble	Vancouver Symphony (Archival recording, 2020)
<i>Rainshapes</i> (for Flute, Bassoon, and Harp)	2020	Included in the Further Series by Vancouver Promusica	Trinanina Trio,online premiere, September 13, 2020
<i>Etude on Home Sweet Home</i> (for solo piano)	2020	Grand Prize, Concours Domicile Adoré, Fondation Jeunesses Musicales Canada	Henry From, Website of Jeunesses Musicales Canada, May 2020-present
<i>Petawawa Gorges</i> (for full orchestra)	2019	Selected for Jean Coulthard Readings	Vancouver Symphony Orchestra/Reading March 4, 2020 at the Orpheum, Vancouver BC
<i>Isle of Pic</i> (for full orchestra)	2019	Winner, 2020 Canadian Music Centre Prairie Region Emerging Composer Competition Honorable Mention, BMI 2020 Student Composer Awards	Winnipeg Symphony Orchestra at the Winnipeg New Music Festival January 27, 2020
<i>Isle of Pic</i> (for full orchestra)	2019	Selected for Jean Coulthard Readings	Vancouver Symphony Orchestra/Reading May 22, 2019 at the Orpheum, Vancouver BC
<i>Erosion</i> (for SATB a cappella choir)	2019	Vancouver Chamber Choir Young Composers Competition 2nd prize, Senior Division	Vancouver Chamber Choir/Premiere May 10, 2019 Shaughnessy Heights United Church, Vancouver, BC, Canada
<i>Fantasy for Bassoon</i>	2019		Performance by Carrie To at Vancouver Academy of Music, December 3, 2019
<i>A Rapid</i> (for f, cl, vibraphone, v, vc,p)	2019	Selected for Standing Wave Ensemble Reading	Reading session at Vancouver Academy of Music, February 2019.
<i>Fire Flowers</i> (for TTBB choir)	2019		
<i>Sinfonia for the Salish Sea</i> (Harpichord and Alto recorder)	2018		Performed by John Maloney and Henry From at Camp Sealth, Vashon Island, WA, December 31,2018
<i>Christmas Fugue</i>	2018		
<i>Cat Think</i> (for 16 piece chamber ensemble)	2018	Sonic Boom Music Festival	Turning Point Ensemble/Premiere March 24, 2019 at the Orpheum Annex
<i>Winter Solstice</i> (for SATB choir and harp)	2018	Commissioned work for the Whatcom Chorale, Bellingham, WA	Whatcom Chorale/Premiere December 9, 2018 at Church of the Assumption, Bellingham, WA
<i>Mama's Garden</i> (for full orchestra)	2018	Vancouver Academy of Music Young Composer's Composition	Vancouver Academy of Music Symphony Orchestra/Premiere October 7, 2018 at the Orpheum, Vancouver BC

<i>Piano Trio, Op. 38</i> (for piano, violin, and cello)	2018	Selected for performance at Morningside Music Bridge, 2018	Savyon Trio/Emerging Artists Recital, July 30, 2018 at Frederic Chopin Music University, Warsaw, Poland
<i>Three Pieces for Piano</i>	2018		Performed by Henry From at Vancouver Academy of Music, June 18, 2018
<i>Clouds op. 34 (for f, cl, vibraphone, p, v, vc)</i>	2018		Performed by Standing Wave New Music Ensemble, May 16, 2018
<i>Weeping Willows</i> (for piano and cello)	2018	Commissioned work for Vancouver Academy of Music	Olivia Cho and Henry From/Premiere April 22, 2018 Opening of Koerner Recital Hall, Vancouver, BC
<i>Self-Portrait</i> (for soprano and piano)	2017	Benefit concert for the Vancouver Academy of Music	Kathleen Allan and Henry From/Premiere April 22, 2017 Koerner Hall, Vancouver, BC, Canada
<i>Finale</i> (For SATB choir and piano)	2017	Vancouver Chamber Choir Young Composers Competition 1st prize, Senior Division	Vancouver Chamber Choir/Premiere April, 2017, Ryerson United Church, Vancouver, BC, Canada
<i>String Quartet No. 1</i> (for two violins, viola, cello)	2017	Sonic Boom Music Festival	Black Dog String Quartet/Premiere March 16, 2017 Pyatt Hall, Vancouver, BC, Canada
<i>Lightly Row</i> 15-instrument brass/woodwind ensemble	2017	Fraser Valley Wind Ensemble Composition Competition 1st prize	March 11, 2017 Matsqui Centennial Auditorium, Abbotsford, BC, Canada
<i>Woodwind Quartet No. 1</i> (Oboe, clarinet, bassoon, flute)	2015	Music for Winds Concert	November 24, 2015 Korean Presbyterian Church, Vancouver, BC, Canada
<i>The Bee and the Tortoise</i> (violin and piano)	2015	Washington State Music Teachers Association Young Composers Competition, 1st prize	June 25, 2015 Kitsap Conference Center, Bremerton, WA, USA
<i>Life is but a Dream</i> (For SATB choir and piano)	2015	Vancouver Chamber Choir Young Composers Competition 1st prize, Junior Division	April 24, 2015, Ryerson United Church, Vancouver, BC, Canada

Other recognition

Associate Composer of the Canadian Music Centre, 2020-present

Named by the Canadian Broadcasting Corporation: one of CBC's 30 Hot Canadian Classical Musicians Under 30 for 2019.
<https://www.cbc.ca/music/30-hot-canadian-classical-musicians-under-30-2019-edition-1.5174504>

Feature article in *the Appassionato*, newsletter of the Vancouver Academy of Music
<https://www.dropbox.com/s/pltvm2n5lgzkrp/Appassionato%20Spring%202019.PDF?dl=0>